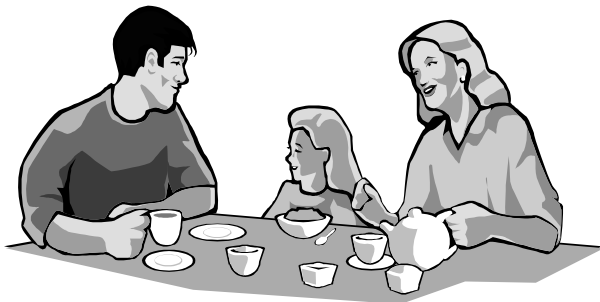


Our Guests

Our guests come from all walks of life. Some are homeless, some are senior citizens on a fixed income, but most are low-income, working, single-parents families, that are struggling to make ends meet. Open Heart Kitchen fulfills the most basic need of hunger in a dignified manner.

As the cost of living increases in the Tri-Valley area, low-income working families are having a harder time making ends meet. Right here in our Valley, so many good people are one financial crisis away from needing help. With a minimum staff and dedicated volunteers, Open Heart Kitchen is a safety net against hunger.



At Open Heart Kitchen, we prepare a hot nutritious meal and serve it with a warm smile.

Rev 6/08

Our Programs

Hot Meal Program

Hot meals are made from scratch by our volunteers and served to anyone in need at several locations. Each meal consists of a protein, starch, vegetable, green salad, fruit salad, bread, milk, coffee, tea, juice and dessert.

Mondays

6444 Sierra Court, Dublin
Crosswinds Church
4-6pm

Tuesdays & Wednesdays

4743 East Avenue, Livermore
Asbury Methodist Church
12-6 pm

Thursdays

460 N. Livermore Avenue, Livermore
Vineyard Christian Fellowship
4-6 pm

Fridays

1225 Hopyard Road, Pleasanton
Trinity Lutheran Church
4:30-6 pm

Mondays-Fridays

Senior Meal Program
Open to all seniors
5200 Case Avenue
Ridge View Commons Cafe
4:00-5:30 pm

Weekend Box Lunch Program

Low-income children who receive free school lunches during the week are left without on the weekends. To supplement school lunches OHK distributes a box consisting of two healthy lunches to these children and their families on Friday afternoons.

2:30-3:00 pm

1001 Elaine Avenue, Livermore
800 Marilyn Avenue, Livermore
460 N. Livermore Avenue, Livermore

11:30-1:00 pm

6700 Dougherty Road, Dublin

Open Heart Kitchen



Serving healthy meals
free of charge to
anyone in need.



Who We Are

Founded in 1995 as an inter-faith effort, Open Heart Kitchen's mission is to offer nutritious meals free of charge to hungry people in need in the Tri Valley. Open Heart Kitchen offers the only free meal service of it's kind in the area, and served over 160,000 meals in 2007.

We take pride in serving delicious, nutritious meals to anyone in need. We have no qualifying process-all are welcome. Guest can eat at our sites or take meals home.

For more information:

Linda McKeever
Executive Director
(925) 580-1616
executivedirector@openheartkitchen.org
www.openheartkitchen.org

Mailing Address:

1141 Catalina Dr. #137
Livermore, CA 94550

Funding



Open Heart Kitchen solely depends on the generous financial support of our community. We need your financial support and volunteer efforts in order to continue our mission to provide hot meals to the hungry in the Tri-Valley.

By taking advantage of donated food and the hard work of our volunteers, we are able to keep the overall food and supplies cost at a minimum. Every donated dollar goes directly to providing meal service to people in need in the Tri- Valley area.

To Make a Donation:

Online through Paypal:
www.openheartkitchen.org
Or
Mail: 1141 Catalina Dr. # 137
Livermore, CA 94550

To Volunteer

Our volunteers are the "heart" of Open Heart Kitchen. With only a few paid staff members at each serving site, we depend on volunteers to lend their time and talent to help us prepare and serve over 14,000 meals each month.

Please ask about volunteer opportunities and support projects for adults, teens, families and groups.

For More Information:

Call (925) 580-1619
Or Register Online:
www.openheartkitchen.org/
volunteer.html

